Peregian Beach Ride 1 - Recommended for HIGH SCHOOL STUDENTS
Peregian Beach Surf Club – Please ride with a parent first to ensure adequate cycling skills.
Ride south along Kingfisher Drive to Plover St, left into Piper St then continue along Shearwater St and Lorikeet Drive to join the cycle path at the end of Lorikeet Dve to Coolum High School.
Dismount to cross David Low Way. Ride up Havana Rd East and over the bridge to Havana Rd West. Dismount and cross Ridgeway Dve carefully and ride along the path to the Peregian Springs Dve traffic lights. Cross at lights and enter school. 5km

Peregian Springs Ride 3
The Avenue Park Peregian Springs – Please ride with a parent first to ensure adequate cycling skills. Ride south along The Avenue path. Turn left at Lakeside Dve and ride along the path. Dismount and cross at Longwood Dve, and ride along Longwood Dve path. Turn west into Peregian Springs Dve path. Dismount and cross carefully at Ridges Bvd, continue riding west along path to cross at traffic lights to school. 2.2km

Coolum Beach Ride 2
Coolum RSL – Please ride with a parent first to ensure adequate cycling skills. Ride north along David Low Way path taking care at Swimming Pool and Tristania Dve crossings. Turn left into Havana Rd East and continue over the bridge to Havana Rd West. Dismount and cross Ridgeway Dve carefully and ride along the path to the Peregian Springs Dve traffic lights. Cross at lights and enter school. 4.3km

Disclaimer: The material presented in this publication is distributed as an information source only. Information is provided solely on the basis that readers will be responsible for making their own assessment of the information and are advised to verify all representations, statements and information. The Department of Transport and Main Roads does not accept any responsibility or liability (including, without limitation, liability in negligence, negligent misstatement and pure economic loss) to any persons for the information or advice provided in this publication, incorporated into it by reference or for loss or damages incurred as a result of reliance upon the material contained in this publication.
EVERYONE CAN PARK, WALK OR RIDE

FIVE WAYS TO TRAVEL SMART

PARK, WALK OR RIDE THE REST OF THE WAY
Fewer cars in the school zone makes it safer for you and your friends.

GET ON YOUR BIKE, RIDE TO SCHOOL
Ride safely with a buddy. Remember your helmet!

USE YOUR FEET, WALK TO SCHOOL
You will feel great when you walk to the school gate. Remember your hat!

JUMP ON BOARD, CATCH PUBLIC TRANSPORT
Catch the bus or ride the train. Remember to travel safely with a buddy!

SHARE THE RIDE, CARPOOL
Put a friend by your side. Remember to buckle up!

IMPORTANT TIPS TO STAY SAFE
Children need to develop the knowledge, skills and behaviours to keep themselves safe. Help children to stay safe by:

- obeying the road rules
- travelling with an adult or buddy
- being visible to other road users
- sharing pathways
- learning and practising correct behaviours as a pedestrian, cyclist or passenger
- wearing appropriate clothing and footwear to suit all weather conditions
- encouraging sun safety by wearing appropriate clothing, hat, sunscreen, sunglasses and staying in the shade.

PRACTICE MAKES PERFECT
Before crossing the road, remember the rule – STOP, LOOK, LISTEN and THINK:

- STOP at the kerb
- LOOK right, LOOK left and LOOK right again
- LISTEN for cars approaching
- THINK whether or not it is safe to cross and wait until there is a safe break in traffic and all is clear to cross.

Then keep looking and listening for traffic as you walk straight across the road.

DID YOU KNOW?
Transport related activities are the second largest household expense in Australia.

Up to 20 bikes can fit into one car parking space.

The cost of buying and maintaining a bike is around 1% compared to a car.

Walking 400m can burn 105 kilojoules (25 calories).

A standard bus carries 65 people which is equivalent to 54 motor vehicles (1.2 persons per vehicle).